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COME ON A JOURNEY!



Celebrate Recovery's UK Online Conference

From the comfort of your home, join the 'Come on a Journey' conference on 2nd October. Speakers include Johnny Baker - Global Executive Director for Celebrate Recovery, Richard Cobb - International Field Director, and Tony & Val Turner - UK Directors. Several mini-testimonies will show how coming on the Celebrate Recovery journey brings healing and change through Jesus Christ. With twelve seminars to choose from, there is something for everyone! More details inside. Go to celebraterecovery.co.uk to book your place.

Be encouraged

Deepen your recovery

Strengthen your ministry

Bring Christ-centred recovery to your church

Dave's Testimony

How coming on the Celebrate Recovery journey changed me

I'm Dave. I'm a Christian and I'm in recovery from childhood hurts and bad choices.

Whilst attending a Celebrate Recovery conference in support of my wife, I was struck by the honesty and openness of the people there. One testimony in particular really hit home hard. A man told how, when asked how he was, would always reply, "I'm fine!", when in reality he was far from fine.

Over the next few weeks I could not get this out of my mind as I had issues to deal with which had severely impacted my youth and, later in life, relationships and ultimately marriage. So, I worked up the courage to go to the Celebrate Recovery sessions at the start of the next programme. I didn't tell my wife or anybody else that I was intending to attend so that I could back out right up to the last minute.

Somehow I found the courage to walk through the door and to be honest, never looked back. It was easy to be open and I was able to talk to other men in a safe and secure environment about things I had never shared with anyone before with the assurance everything I said was in absolute confidence.

"I have faced up to the childhood hurts and have forgiven people. I have also grasped God's forgiveness of me for my mistakes."

I loved Celebrate Recovery and never missed a session. Even though my job means I have to travel, I put my Celebrate Recovery attendance at the top of my priorities. I am so glad I did because I found the lessons and testimonies so helpful. Using the Bible to work through things for the first time was really enlightening and my faith was strengthened massively in the twelve months I attended the programme. I have faced up to the childhood hurts and have forgiven people. I have also grasped God's forgiveness of me for my mistakes.

If anyone is wondering whether to attend, I would really encourage you to take that first step. The programme is Bible focussed, and you'll get to meet people with whom you'll share a bond for a long time.

When Hurt Seeps Out



Have you ever been taken aback by someone's tone? Chilled by their coldness? Smarted by a sharp tongue?

When someone is rude or unfriendly, it's natural to take it to heart, to think that we've done something wrong or that this person doesn't like us. Feeling hurt ourselves, we may choose to back off. Yet probably 99% of the time we've done nothing wrong. Their rudeness or unfriendliness is about them not you; it's coming from their brokenness. Their hurt is seeping out.

Instead of backing off, let me encourage you to show kindness.

They may be going about it in a dysfunctional way, but when hurt seeps out, that person needs love.

Of course, sometimes hurt people hurt people *too* much and you may need to put boundaries in place to protect yourself.

What I'm talking about here are the lesser incidents that you come across where your buttons are pushed. This is where I want to encourage you to know your worth in Jesus, not take it personally, and instead recognise it's their hurt seeping out. Respond with blessing. Listen to them. Pray for them. Love them. Be Jesus to them.

Catherine Robinson

We'd love you to *Come on a Journey* with us

Celebrate Recovery UK holds its first online full-day conference on Saturday 2nd October, 10am - 4pm, and we are so excited!

- Do you want to know what Celebrate Recovery is?
- Would you like to provide Christ-centred, biblical and safe support to the many hurting people in your church and community?
- Do you serve in Celebrate Recovery already?
- Do you attend Celebrate Recovery?
- Are you considering getting involved?
- Are you looking for some encouragement?

If you answered YES to any of these questions, then this conference is for you!



Guest speaker, Johnny Baker - Global Executive Director of Celebrate Recovery



Guest speaker, Richard Cobb - Celebrate Recovery International Field Director



Speakers, Tony & Val Turner - Celebrate Recovery UK Directors

Come on a Journey

Celebrate Recovery UK Conference - Saturday 2 October



Session 1 - 10am - 11.30am

Worship
 Tony & Val Turner - UK Journey of CR
 Real People, Real Experiences
 8 Principles of CR
 Johnny Baker - Journey Through the CR Principles
 Kath Leigh interviews Richard Cobb
 Testimony

Session 2 - 11.45am - 1.00pm

Breakout Session 1 (45 minutes)
 1. Starting a New CR Group
 2. When Serving Feels Hard
 3. Your Recovery Foundation - Principles 1-3
 4. Encouraging Men into Recovery
 Three mini-testimonies on Principles 4, 5, and 6

Session 3 - 1.30pm - 2.40pm

Worship
 Breakout Session 2 (45 minutes)
 5. Senior Pastor Support
 6. Sponsoring Others
 7. Doing Your 4th Step
 8. Anxiety and the Celebrate Recovery Tools
 Two mini-testimonies on Principles 8
 Johnny Baker - Giving Back

Session 4 - 2.55pm - 4.00pm

Breakout Session 3 (45 minutes)
 9. Giving Participants the Best Large Group Experience
 10. Leading Step Studies
 11. Writing Your Testimony
 12. Avoiding Burnout
 Richard Cobb - final words of encouragement
 Prayer for Serenity

www.celebraterecovery.co.uk

We have guest speakers from America giving special messages to us, worship, testimonies, and lots of seminars to suit a wide range of needs and interests - [see the seminars on the back page.](#)

Our planned timetable - which may change a little as the day goes on - allows for short comfort / coffee breaks and a half hour lunch break, giving everyone chance to stretch their legs and get ready for the next session.

It's going to be great to have lots of people who are passionate about Christ-centred recovery, coming on a journey together at this conference. Please tell others about it. See you on the 2nd!

If you have any questions please contact enquiries@celebraterecovery.co.uk.

Go to celebraterecovery.co.uk to register your place or go direct to Eventbrite. Tickets are £15 per person. Come with friends - we have an offer where you can buy 5 tickets and get an additional 1 free.

...which seminars will you choose?

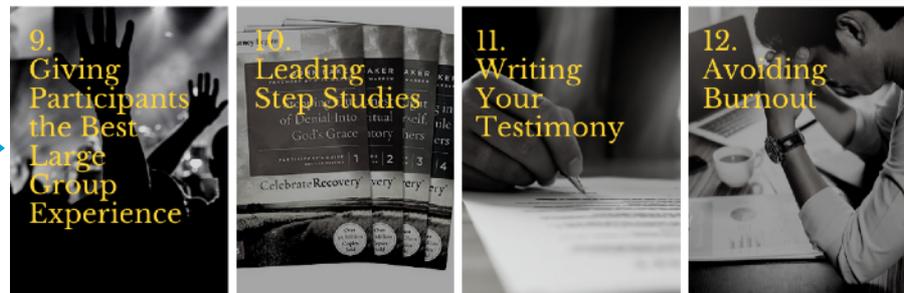
Breakout Seminars in Session 2



Breakout Seminars in Session 3



Breakout Seminars in Session 4



There is something for everyone! We have organised the seminars into three breakout times; each breakout time offers four seminars to choose from. Which will you attend?

At least one will be appropriate for Celebrate Recovery participants. Another will be suitable for those who serve in Celebrate Recovery already. At least one seminar is designed to equip new Celebrate Recovery groups and there will be more general interest seminars too.

- If you're looking to start Celebrate Recovery in your church, 'Starting a New Celebrate Recovery Group' is essential! 'Senior Pastor Support' and 'Giving Participants the Best Large Group Experience' will also help you get started on the right footing.
- If you're a Ministry Leader, there'll be so many relevant seminars for you, it will be hard to choose! You could choose seminars to help you take your ministry to the next level or spend some time focussing on *you* for a change with 'When Serving Feels Hard' and 'Avoiding Burnout'.
- If you serve as a leader in Celebrate Recovery, 'When Serving Feels Hard', 'Sponsoring Others' and 'Leading Step Studies' are designed especially with you in mind.
- For participants, 'Your Recovery Foundation' will give you chance to focus on the first three Celebrate Recovery principles. 'Doing Your 4th Step' will motivate you to write your inventory and 'Writing Your Testimony' is designed to encourage more people to share the good news that Jesus Christ is changing lives.
- The seminars with a more general focus include 'Encouraging Men into Recovery' and 'Anxiety and the Celebrate Recovery Tools'.

Each seminar will provide some training or other thought-provoking input - so come with a pen and paper! There will also be opportunity to ask questions and join in discussion. You are equally welcome to just listen to others asking questions.